Neighbourhoods and a healthy city is a complex living body because it is inhabited by humans, a body that we have to watch over, that we have to examine (as in Chinese medicine) and treat BEFORE it gets sick, and that we have to treat at the first symptoms of a disorder. (it doesn't start very well because we're already in a bad way ...)

We invest on health rather than on illness! On the link rather than on the loss of the link ...

Because from all points of view, it costs much, much less ...

A medical team can now welcome patients or former patients as the only real experts in the use of their disease (its direct and indirect effects on THEIR body, THEIR mind, THEIR family and personal and professional entourage (works of Cynthia Fleury in particular)).

The recognition of the inhabitant and the user as experts in the use of their place of life, associated with other experts and knowledgeable people, should help us progress in a more democratic co-construction (based on training, sharing, collaboration and decision-making) of a comfortable city, for all.

Preserving and facilitating functional, social, cultural and generational diversity: the relationship with others, our fellow human beings who are all different, is part of preventive treatment.

Preserving nature in the city, the right density, soft mobility, access to culture, knowledge, “good” food, etc. is a second prerequisite.

In the necessary resources, people and organisations that initiate, train and accompany, that take care... within evolving third places, welcoming everyone, activities and services; resource places, places of care, of taking care, of monitoring, of information and training, of sharing knowledge, of accompanying changes, transformations of our society and territories to avoid loneliness and fractures, misunderstandings, the self ...

INTA "It is (as Mr. Charrier reminds us in conclusion of the INTA Kawa of 13/12/18) 2.500 actors of the city, in 60 Countries.

In each of these countries (which could appear on an interactive map) one or more INTA ambassadors coordinates our actions: monitoring and information, experiments and good practices, studies, relations with representatives of states, communities and all stakeholders who build, manage and take care (?) of the city.

For 50 years, INTA has been monitoring the world, cities and neighbourhoods, making diagnoses and proposing action plans with the help of researchers and experts from all disciplines and nationalities.

We are living through deep crises. INTA must continue its scholarly, forward-looking work.

But the urgency obliges us: we are strengthened by the plurality and complementarity of our members, by our international presence, by the models we have developed...
These strengths and our history allow us to take part in a very operational way in the co-building and experimentation of new ways of building and living in the city, on different scales, where everyone can more easily take care of themselves and others, with the aim of reconciling health and territories.

*Serge Le Boulch*