

INTA INVITATION LECTURE SERIES 2025

URBAN HEALTH CULTURE OF THE FUTURE registration: contact@inta-a

Date: 20. February at 4-5 pm: Online

What is urban health culture

2 positions – Christer Larsson, SE Former Planning director, Malmö/
John Pløger, Professor of urbanism, NO

Date: 20. March 4-5 pm: Online

Mental Health of cities, loneliness and the urban environment

2 positions / Etienne Lhomet _ Lea Portier, Reciprocite

Date: 23. April 4-5 pm: Online

Biodiversity and urban nature. Investment in a healthy future

2 positions / Thomas Randrup, Professor, SLU _ rep. from Id Verde

Introduction to a Lecture Series on the Future of Urban Health Culture organized by INTA:

Welcome to this lecture series dedicated to exploring the **future of urban health** culture, where we aim to inspire, inform, and engage on one of the most pressing challenges of our time: the health and well-being of urban populations.

As cities grow and evolve, so do the complexities of addressing the physical, mental, and social health needs of their residents. This series adopts a **holistic and interdisciplinary perspective**, recognizing that creating healthier urban environments requires collaboration across fields such as urban planning, public health, environmental sciences, architecture, and social policy. Throughout this **lecture series**, we will delve into key themes, including:

- **Designing cities for well-being:** How can urban spaces promote mental and physical health?
- **Environmental health in urban areas:** Addressing air quality, green spaces, and climate resilience.
- **Social cohesion and equity:** Building inclusive communities where everyone can thrive.

Each session will feature leading experts and practitioners who will share insights, case studies, and strategies for shaping cities that prioritize human health and happiness.

We invite you to join us on this journey as we envision and work towards healthier, more sustainable, and more equitable cities for the future. Together, let's reimagine what it means to live well in urban environments. - *Sincerely Helle Juul, INTA president*